Perinatal Grief and Loss Resources
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Support Groups

HAND (Helping After Neonatal Death)  Bimonthly support group, detailed online resources and newsletter
P.O. Box 341, Los Gatos 95301
Alameda, Contra Costa, Santa Clara Counties and part of the Central Valley. 1-888-908-HAND
Peninsula P.O. Box 3693, Redwood City, CA 94064 SF Peninsula & Santa Cruz County. (650) 367-6993

Support After Neo-Natal Death (SAND)  e-mail sandinfo@aol.com
California Pacific Medical Center 3700 California St., San Francisco, CA 94118 415-921-6171, (415) 282-7330
Alta Bates Medical Center 2450 Ashby Avenue, Berkeley, CA 94705 510-204-1571

Pregnancy After Loss
San Francisco-based support group. Call Cherie Golant; (415) 600-2229, e-mail, cpmcnewborn@sutterhealth.org.

Organizations

- First Candle/SIDS Alliance  - National network of health care providers, parents, caregivers and researchers working on infant mortality. Online resources, links to research and bereavement guidelines; (800) 221-7437, www.firstcandle.org.
- M.I.S.S. Foundation  - Nonprofit organization for parents who have lost a child; (623) 979-1000, www.missfoundation.org.

Books
Healing Grief  by Amy Hillyard Jenson Medic Publishing Co 1995
When Hello Means Goodbye - A guide for parents whose child dies before birth, at birth or shortly after birth  by Pat Schwiebert
Dear Cheyenne, A Journey into Grief, A Collection of Angels &Love, A Celebration of Motherhood.  By Joanne Cacciatore,
Still to Be Born by Pat Schwiebert and Paul Kirk. ISBN 096151972X