

## The Letters Project

The Letters Project is your opportunity to make a change in the way birth takes place in a hospital setting. Whether you've recently had a hospital birth, are currently pregnant or are planning on becoming pregnant, let your voice be heard.

The forms take less than 10 minutes to complete. Once you have selected your preferences, you will have the option of editing the letter or simply printing it as it is. After you print it, you will need to address an envelope to the hospital administrator, put a stamp on the envelope and mail it.

By letting hospital administrators know what women want when they give birth in a hospital, you can make a change for yourself and other birthing women.

<http://www.bestdoulas.com/lettersproject.htm>



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