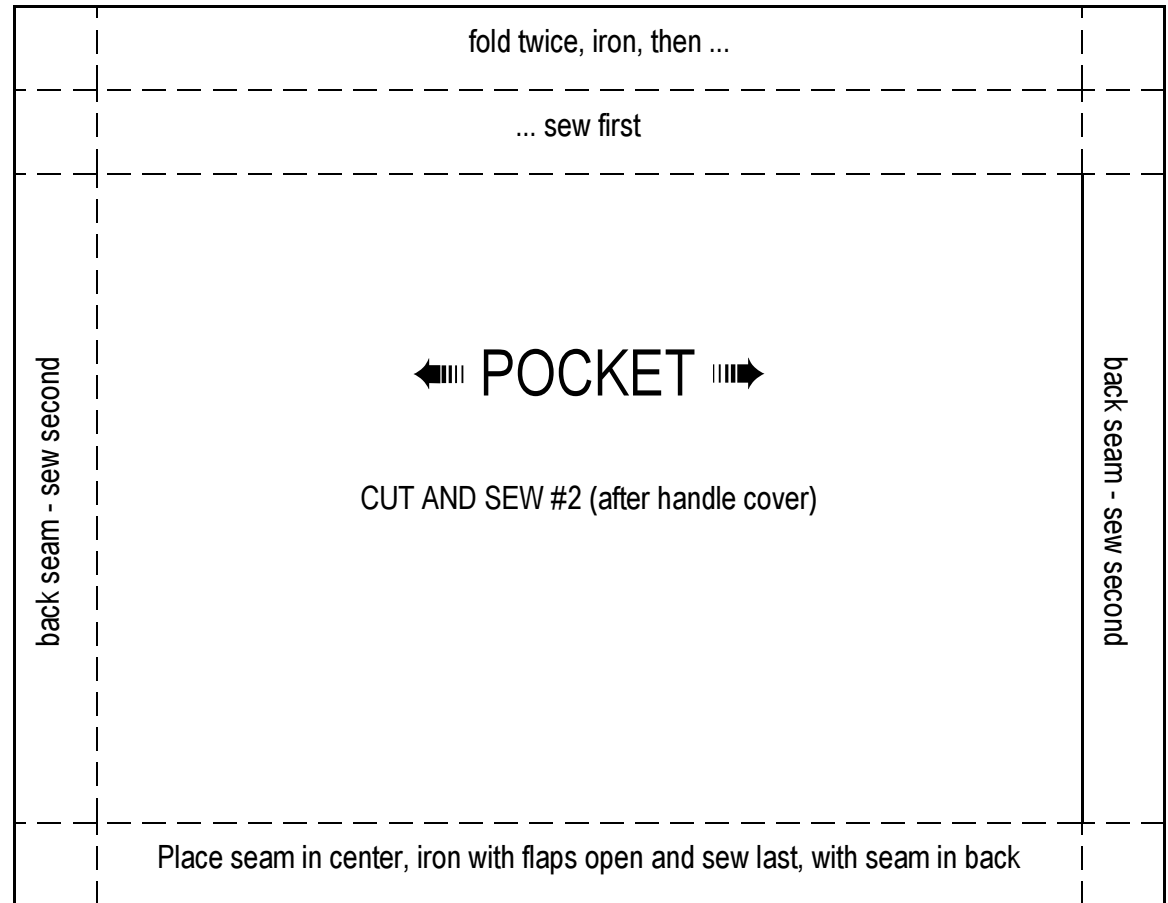
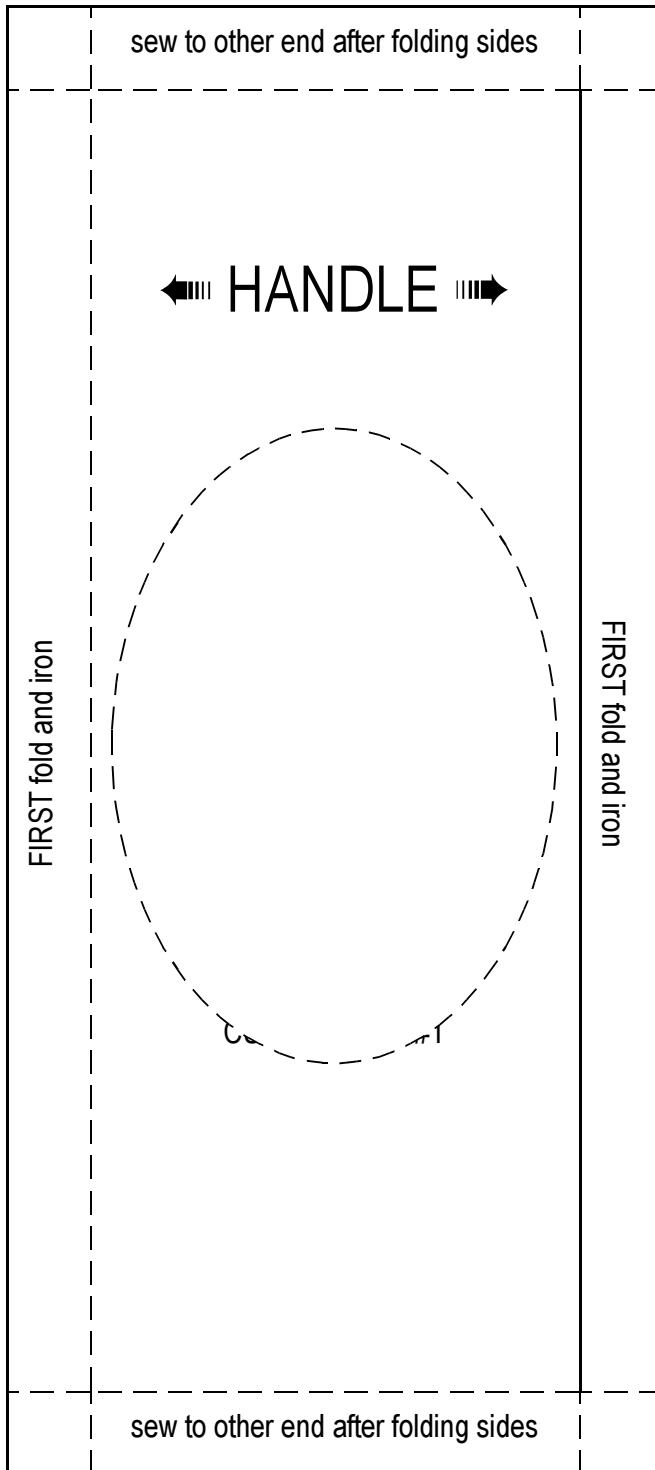


COVER:

CUT AND SEW (after handle cover and pocket)

1. You will need piece of knit fabric that is 56" wide (28" wide when folded in half) cut to a yard an eighth. Wash the fabric before cutting. Cut washed fabric with pinking shears, 37" long.
2. With the fabric inside out and folded in half, using a zig zag or stretch stitch, sew a seam (about 1/2") down the long, finished side (not the cut edges), creating a "tube." After sewing this seam, center the seam before step 2.
3. With the seam running down the center, **place B*E*S*T tag with the instruction side facing the seam and the blank end lined up with the edge of the fabric where the seam you just sewed will be stitched again** and, using a zig zag or stretch stitch, sew a seam (about 1/2") across one end of the knit fabric tube, sewing it shut at one end like a sack.
4. Turn right side out. Fold the "corners" of the newly sewn end together, with the seam in the middle to make two triangles that overlap about an inch and a half, so there are two triangles one over the other and iron the triangles flat.
5. **Slip the handle cover over one triangular "corner" that you've already sewn from the contrasting material.**
6. Overlap the triangles about 1" to 1-1/2", sew the triangles together, and slide the handle so it covers the intersection.
7. Sew the open edges of the handle cover on both open ends so that it covers the place where the triangles overlapped and won't slip. This is the carrying handle.
8. [this is if you're making your own cover -- you won't need to do this if you're using the "kit."] Fit the cover over your ball to figure out how big it needs to be. CAREFULLY pin or mark where the ends come together. You can just gather the loose material and take a marking pen and run it around where your fingers come together. If you measure just where they come together and then put in a seam, there should be a small circle of the ball showing at the end -- this is okay -- it helps the ball sit upright without rolling away and allows you to inflate or deflate the ball without affecting how the cover fits.
9. After marking and cutting the length of material, fold the edge of the material twice (the first fold should be about 1/2" and the second fold should be slightly bigger, but less than 3/4") , iron flat and pin the seam.
10. Pin the cord bag along the seam line so the bag will be inside the cover with the opening facing the seam. Sew the seam, being sure to leave room for the drawstring to slide easily and leaving a gap of approximately 3/4" on either side of the bag for the cord to enter and exit the seam. Sew the cord pocket to the material along the seam edge only.
11. Feed the cord through the seam. Stitch the overlapped ends of the cord together.
12. Slide the sewn end of the cord through the seam until it is opposite the cord bag, and sew through the seam, tacking down the sewn ends so they can't slip.
13. The cord should come out of the seam on either side of the cord bag, so you can tie a slip knot in the cord and roll it around your fingers and stuff it in the little bag and then tuck the bag inside.



NOTE: There are photographs of many of the crucial steps of the sewing in progress at www.bestdoulas.com/bbsewing.htm